

# SAFETY IS YOUR JOB!

## Slip, Trip, and Fall Prevention

The goal is to keep our workers safe by promoting safety awareness. Many injuries within municipalities are caused from slips, trips, and falls, and many of these hazards can be eliminated by making small adjustments and staying aware of surroundings.

### Causes of slip, trip, and fall injuries

- Walking surfaces
- Loose or unattached rugs or cords
- Ladders
- Stairways

### Prevention

- Watch for wet floors.
- Wear proper shoes.
- Use handrails on stairs.
- Keep cords away from walkways.
- Keep walking surfaces even.

### Symptoms

- Fractures, sprains, and strains
- Head injuries
- Paralysis
- Back injuries

### What To Do If Hazards Are Noticed

- Report to supervisor.
- Use wet floor signs.
- Repair cracks or breaks in pavement.
- Use barricades for dangerous areas.

